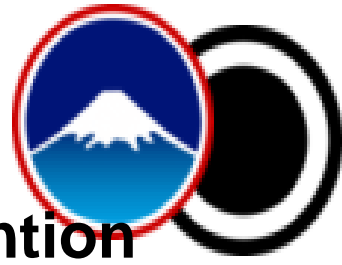




All Army in Japan Sexual Harassment and Assault Response and Prevention



Contact Us ...

Building 101, Room W129

Sexual Assault Response Coordinator
(SARC)

Non-Emergency:

Office 263-3567

From Off Base 046-407-3567

Emergency:

24-hr Hotline 090-9395-8909

From Off Base 046-407-2277

DSN 263-2277 -or- 882#

Allied Telesis 98-263-2277

24-hr Medical Clinic 263-4127

Camp Zama MP Desk 263-3002

Remember to say ONLY

**“Please give me the number to the
SARC”**



Ms. Lisa Coleman

If You've Been Assaulted...

- Get to a safe place
- Avoid bathing, washing your hands, brushing your teeth, and using the restroom
- Avoid eating, drinking, and smoking
- Contact the SARC or a healthcare provider
- Seek medical care as soon as possible
- Avoid cleaning or straightening up the crime scene
- Write down, tape or record by any other means all the details you can recall about the assault and your assailant

Restricted Reporting

- Available to Military & Family Members 18+ yrs
- Ensures confidentiality
- Access to Victim Advocacy & Medical Care
- Does **NOT** launch an official investigation

Unrestricted Reporting

- Available to Military, Civilians, and Family Members
- Access to Victim Advocacy & Medical Care
- Launches an official investigation

10 Things You Should Know

1. You are entitled to support no matter how long ago the assault occurred
2. Resources are available to aid recovery
3. Recovering from a sexual assault usually occurs more quickly with help
4. There are reporting options available to you
5. Everyone responds to sexual assault differently
6. Avoid sharing details with those you do not know well or those not serving as response professionals
7. Recovery is very important and does not occur on a strict timetable
8. You are not alone, we are here to help!
9. Sexual Assault is NOT tolerated
10. Your safety is most important!